

2011 Spring Competitive Stroke Clinic & Conditioning

Sponsored by Collegiate Aquatics

Stroke Clinic Sessions at JCC

April 11-May 18, Mondays & Wednesdays

10 & Under: 7:00- 8:00 p.m.

11 & Over: 8:00 – 9:00 p.m.

Conditioning Sessions at Central Penn

April 12-May 19, Tuesdays & Thursdays

10 & Under: 6:00- 6:45 p.m.

11 & Over: 6:45 – 8:00 p.m.

		mark all that apply			
Swimmer's Full Name (Last, First, M.I.)	Birth date mm/dd/yy	Clinic I	Clinic II	Cond. I	Cond. II
1					
2					
3					
4					
5					

- Clinic OR Training Sessions \$45
- Clinic PLUS Conditioning \$65
- Subtract \$10 from highest amount paid for each additional swimmer (2nd, 3rd, etc.)

Please contact a coach if you have any questions or payment concerns (collegiateaquatics@yahoo.com)

Checks payable to "Collegiate Aquatics"

Total Enclosed _____

Family Information

Address: _____

City: _____ Zip code: _____

Email address: _____ Phone: _____

Mother: _____ Father: _____

Emergency Contact Information

Emergency Contact: _____ Relationship: _____

Phone (home/work &/or cell): (H) _____ (W) _____ (Cell): _____

Please mail or return completed registration form and payment to (deadline is Friday, April 8):

Collegiate Spring Clinic
118 East Simpson Street
Mechanicsburg, PA 17055